



# Q&A - Scams and identity theft

## Scams Awareness Week 2020

August 2020

### What is a scam?

An attempt to trick someone, usually with the intention of stealing money or personal information.

### What is identity theft?

A crime in which your private information is stolen and used for further criminal activity including scams.

### What types of personal information do scammers look for?

Scammers will try to find any personal information about you, including but not limited to your:

- full name
- date of birth
- place of birth
- current and previous residential addresses
- postal address
- email addresses
- phone numbers
- drivers licence number
- passport number
- Medicare number
- tax file number
- account numbers
- financial and banking information
- superannuation details
- photograph or image
- passwords.

### What are some of the ways that scammers obtain your information?

- Through a variety of scams such as phishing, dating and romance scams, remote access scams and hacking to name just a few.
- Phishing is one of the most common ways scammers get your personal information. Scammers will call, email or message you, pretending to be from a real organisation or a known contact, and ask you to provide personal information.
- Scammers can find identifying information about you online such as via public records sites or on social media.
- They steal personal, business or customer records through hacking and data breaches.
- Scammers steal mail from letterboxes or rubbish bins to obtain documents containing personal information.
- They steal wallets to get access to credit or bank cards, Medicare cards and driver licences.
- Scammers also share and sell personal information stolen from victims to other criminals.

## What can scammers do with your identity information?

With your personal information, scammers can:

- access and drain your bank account
- open new bank accounts in your name and take out loans or lines of credit
- take out phone plans and other contracts
- purchase expensive goods in your name
- steal your superannuation
- gain access to your government online services
- access your email to find more sensitive information
- access your social media accounts and impersonate you to scam your family and friends.

## What impact can identity theft have on a victim?

Your identity is valuable and you have a lot to lose—not only money but once lost it can take years to recover your identity. Falling victim to a scam and to identity theft can also cause emotional and psychological harm.

## How to protect yourself

Here are some simple steps you can take to protect yourself:

- Don't be pressured into giving away your information by someone who has contacted you.
- Never send money or give credit card details, online account details or copies of personal documents to anyone you don't know or trust.
- Limit what personal information you share about yourself online, including on social media.
- Check your credit report using a reputable credit reference bureau at least once every year for free, this can help you catch any unauthorised activity. Visit [The Office of the Australian Information Commissioner](#) for information.
- Avoid clicking on links in emails or messages, even if it appears to have come from a legitimate source.
- To visit a website or log into an account, type the address into the browser yourself.
- Don't provide strangers remote access to your computer, you never really know who you're dealing with.
- Use strong passwords for your accounts and internet network, and never share them with others.
- Install anti-virus software on all of your devices and keep them up-to-date.
- Lock your mailbox.
- Shred any sensitive documents you no longer need.

## What can I do if I have fallen victim to a scam?

If you've lost money or given personal information to a scammer, there are steps you can take to limit the damage and protect yourself from further loss.

- If you've sent money or shared your banking or credit card details, contact your financial institution immediately.
- If the scam occurred on social media or a legitimate website, report it to the platform involved. For scams on Facebook, Messenger, WhatsApp and Instagram, see this [step-by-step guide for reporting scams on Facebook services](#).
- If you've given your personal information to a scammer, visit IDCARE or call 1800 595 160 - Australia and New Zealand's not-for-profit national identity and cyber support service. IDCARE can work with you to develop a specific response plan to your situation and support you through the process.
- Awareness is our best defence against scams - take the time to warn your friends and family about scams.
- For more information or to report a scam visit [Scamwatch](#).
- To keep up-to-date on scams, subscribe to [Scamwatch email alerts](#) and follow [@Scamwatch\\_gov](#) Twitter.
- For counselling or support services visit Scamwatch - [Where to get help](#).